



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
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NFL FLAG FOOTBALL

Be part of the best NFL Flag League in Lenawee County

The game of Flag Football is a fast-paced, non-contact sport played between teams. Each player wears a set of flags and "tackles" are made by pulling the flag out of the belt. All physical contact is strictly monitored for the safety of everyone. The YMCA of Lenawee County hosts a NFL sponsored league and **everyone receives their own Authentic Reversible NFL Jersey and Flags to keep! Each leagues is required to wear a mouth guard. The YMCA will provide one guard.**

Volunteer to coach and receive a FREE NFL Authentic Jersey and choose which NFL team you would like to be. First come first serve. Don't wait!

Registration Deadline: September 17 at the YMCA

Ages: 6-7, 8-9, 10-12 (Ages 3-5 "Little Snappers" – See Below)

Dates: Sundays, September 25-October 30

Location: Adrian Middle School 7/8

Times: Games will be between 2pm-5pm

Fee: YMCA Member \$40 Non-Member \$55

Fee includes NFL Reversible Jersey and Flags

Mandatory Preseason evaluations will be September 20 for ages 6 and up.
(Ages 6-7 at 5:30pm, Ages 8-9 at 6:15pm, Ages 10-12 at 7pm.)

Evaluations will be held at Heritage Park Entrance Field

Week one will have practice prior to the Game and then weekday practices



Little Snappers (Age 3-5)

Ages 3-5 will play on Tuesdays evenings at 5:30-6:30pm at Heritage Park, September 27-October 25th and receive an authentic NFL Jersey. Little Snappers is a fun, instructional season that is a great beginner sport for your little football player. Do not miss out on this great opportunity for fun and memories! Flags provided. **Little**

Snappers will be held at Heritage Park Entrance Field.

Fee: \$40 YMCA Member, \$55 Non-Member

Parent Coaches Welcome

YMCA of Lenawee County 638 W. Maumee St. Adrian,
MI 49221
ymcaoflenawee.org | 517-263-2151